

EL  
PALAUET

Living   
Barcelona

*Massage & Beauty*

A bright, airy spa treatment room with a glass roof and wooden beams. Two massage tables are visible, each with a white sheet and a yellow pillow. The room is clean and modern.

**Anti-jetlag restorative massage**

**88€**

Stress-relieving, one hour massage designed to bring the body balance back after a long flight.

We apply heat to specific areas to release general tension.

**Deep Tissue**

**88€**

An intense one hour massage using techniques from Swedish and Thai massage to alleviate any tensions in the body.

**VAT Included**



**Couples massage**

**175€**

Enjoy a relaxing one hour massage in your own suite with your other half.

**90 Minutes massage**

Enjoy any of our massages during 90 minutes.

**120€**

**VAT Included**



**Private Personalized Yoga or Pilates Mat**

**120€**

**Sessions:** Dynamic one hour classes are provided by a certified instructor according to your needs and preferences. Body adjustments and final stretching will be given and the session will finish with guided breathing meditation.

**VAT Included**

- ❖ All massages are performed on a massage table.
- ❖ All massages except the 90 minutes one take 1 hour.
- ❖ We require 2 hours notification of cancellation. If not we charge the full price of the massage.
- ❖ The services are of a fixed duration and for one person only (except couple massage).
- ❖ In case of a no show, the full price of the treatment will be charged.
- ❖ Regrettably, late arrival for your appointment will constitute a reduced treatment time.

**Please dial 1111 or ask your personal assistant and they can arrange everything.**

### **Complete Manicure**

Includes cuticle treatment, shaping of the nails, massage and

Vinilux polish.

Approximate duration of 35 mins.

**44,50€**

### **Spa Manicure**

Includes cuticle treatment, exfoliations of the hands and forearms, hydrating mask, a massage and Vinilux polish.

Approximate duration of 45 mins.

**67€**

**VAT Included**

### **Complete Pedicure**

Includes cuticle treatment, shaping of the nails, hard skin removal, massage and Vinilux polish.

Approximate duration of 45 min.

**60€**

### **Spa Pedicure**

Includes shaping of the nails, cuticle treatment, hard skin removal, feet and lower leg exfoliation, hydrating mask, a massage and Vinilux polish.

Approximate duration of 60min.

\*If you would like Shelllac there is a supplement of 24€.

**75,50€**

**VAT Included**

- ❖ Our beauty treatments are available from Monday to Saturday from 10:30 to 20:00.
- ❖ We require 2 hours notification of cancellation. If not we charge the full price of the treatment.
- ❖ In case of a no show, the full price of the treatment will be charged.
- ❖ Regrettably, late arrival for your appointment will constitute a reduced treatment time.

Please dial 1111 or asky your personal assistant to arrange a beauty  
Treatment.



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